

# First Session Questions

## Welcome to Your First English Session!

Before we meet, I'd like you to take some time to think about the questions below. They will help me understand your experience, goals, and preferences, so I can tailor our lessons to suit you best.

There are no right or wrong answers — share what feels true for you. You can prepare your answers in writing or think about them, whichever you prefer.

If you have any questions or need help before our session, please don't hesitate to ask. I'm here to support you on your English learning journey!

Looking forward to working with you.

## GENERAL QUESTIONS

1. How **long** have you been learning English?
2. Have you been to any **English-speaking countries**?
3. If **yes**, which ones? If **no**, would you like to visit any?
4. Do you use **English at work**?
5. How does speaking English make you feel? For example, do you feel **stressed, nervous, calm, or confident**?
6. What are you **afraid** to do in English? For example, making phone calls, giving presentations, answering emails, or something else?
7. What are your **learning preferences**? For example:
  - **Visual**: Learning by seeing (for example, reading, watching videos, using diagrams)
  - **Auditory**: Learning by hearing (for example, listening to lectures, podcasts, discussions)
  - **Kinesthetic**: Learning by doing (for example, hands-on activities, role-playing)
8. Which skill do you feel most comfortable with: **reading, writing, speaking, or listening**?
9. What **improvements** in English would be the most important for your job?
10. Can you describe a **typical task** at work where you use English?
11. What are your **short-term** and **long-term goals** for learning English?

## CAREER QUESTIONS

1. What do you **do**, and what is your **job title**?
2. How **long** have you been working for your company?
3. What's your **favourite** thing about your job?
4. What's the **most difficult** thing about your job?
5. What are your **objectives** (goals) for this year?
6. If you could do **any other job** in the world, what would it be?
7. How do you think **improving** your English skills will **benefit** your career?
8. Are there any **particular skills** or **areas** in English that you think would be most beneficial for your career advancement?

## YOUR HOBBIES AND INTERESTS

1. What do you like doing at **weekends**?
2. Do you play any **sports**?
3. Do you have any favourite **television shows** or **films** (movies)?
4. Do you like to **travel**?
5. If **yes**, what is the best city or county that you have visited? If **no**, what do you dislike about travel?
6. Do you enjoy **reading books or articles in English**? If so, what genres do you prefer?
7. **How often** do you read in English, and do you prefer **physical books** or **digital formats**?

## YOUR TOWN

1. Where do you **live**?
2. Where were you **born**, and where are you from **originally**?
3. If you could **live anywhere else in the world**, where would it be and why?

## FINAL QUESTIONS

1. Is there anything that I can do to make the process of learning English **easier** for **you**?

2. Do you have any **questions** for **me**?
3. Do you have any **comments**, or is there anything that you would like me to know?